



NEW LIFE EXPRESSIONS: FREE PRINTABLES ©

*Take a Step Today* (ref: Blog Post 8-2023)

**“USING YOUR TIME WISELY”**



***TAKE THE CHALLENGE:***

Pray and simply allow the simple truths from the Word of God to minister to your heart, inspire you where needed, and establish a solid and good and Biblical direction for your daily, weekly, monthly schedules and long-term goals.

Allow God to do a great work through you, as you learn to **USE WHATEVER TIME HE GIVES YOU – your days, months, years ahead - WISELY !**

Circle, highlight, underline, add your own notes, add other Scriptures, print and use this in your Bible Study Discussion Groups, BE A BLESSING!

***CONSIDER THESE IDEAS FOR EFFECTIVE USE OF YOUR TIME:***

- Setting priorities,
- eliminating time wasters,
- laying aside weights,
- removing hindrances,
- stop spending time on foolish things and unfruitful talk
- removing the energy-drainers,
- spending more time encouraging others, reaching out,
- spending more time witnessing to others, and loving others,
- running the race strong,
- devoting your time to what GOD instructs you to do can make all the difference in your Godly walk of life!

**Setting Priorities:**

**James 1:5** “If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him.”

**Colossians 3:1-4** “If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. Set your mind on things above, not on things on the earth. For you died, and your life is hidden with Christ in God. When Christ *who is* our life appears, then you also will appear with Him in glory.”

**Matthew 6:33** “But seek first the kingdom of God and His righteousness, and all these things shall be added to you.”

**Hosea 10:12** “Sow for yourselves righteousness;  
Reap in mercy;  
Break up your fallow ground,  
For *it is* time to seek the LORD,  
Till He comes and rains righteousness on you.”

**1 Corinthians 6:19-20** “Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God’s.”

**MY PERSONAL NOTES** *(Also use back of page if needed)*

*After prayer, what I hope to do by God’s grace:*

***Here are ways I believe the Lord is leading me to  
SET MY PRIORITIES, to USE MY TIME WISELY:***

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**Eliminating Time Wasters:**

**Proverbs 20:13** “Do not love sleep, lest you come to poverty; Open your eyes, *and* you will be satisfied with bread.”

**Proverbs 3:7** “Do not be wise in your own eyes; Fear the LORD and depart from evil.”

**Philippians 2:3-4** “*Let* nothing *be done* through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself. Let each of you look out not only for his own interests, but also for the interests of others.”

**MY PERSONAL NOTES** *(Also use back of page if needed)*

*After prayer, what I hope to do by God's grace:*

***Here are ways I believe the Lord is leading me to  
ELIMINATE TIME WASTERS, to USE MY TIME WISELY:***

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**Laying Aside Weights:**

**Matthew 6:19-21** “Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal.”

**Hebrews 12:1-2** “Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares *us*, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of *our* faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.”

**Matthew 6:34** “Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day *is* its own trouble.”

**MY PERSONAL NOTES** *(Also use back of page if needed)*

*After prayer, what I hope to do by God's grace:*

***Here are ways I believe the Lord is leading me to  
LAY ASIDE WEIGHTS, to USE MY TIME WISELY:***

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**Removing Hindrances:**

**Proverbs 4:23-27** “Keep your heart with all diligence, For out of it *spring* the issues of life. Put away from you a deceitful mouth, And put perverse lips far from you. Let your eyes look straight ahead, And your eyelids look right before you. Ponder the path of your feet, And let all your ways be established. Do not turn to the right or the left; Remove your foot from evil.”

**2 Corinthians 10:3-5** “For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.”

**Colossians 3:8-10** “But now you yourselves are to put off all these: anger, wrath, malice, blasphemy, filthy language out of your mouth. Do not lie to one another, since you have put off the old man with his deeds, and have put on the new *man* who is renewed in knowledge according to the image of Him who created him.”

**Psalms 31:14-15** “But as for me, I trust in You, O LORD; I say, “You *are* my God.” My times *are* in Your hand; Deliver me from the hand of my enemies, And from those who persecute me.”

**MY PERSONAL NOTES** *(Also use back of page if needed)*

*After prayer, what I hope to do by God’s grace:*

***Here are ways I believe the Lord is leading me to REMOVE HINDRANCES, to USE MY TIME WISELY:***

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**Stop Spending Time on Foolish Things & Unfruitful Talk:**

**Ephesians 5:18-21** “And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord, giving thanks always for all things to God the Father in the name of our Lord Jesus Christ, submitting to one another in the fear of God.”

**1 Timothy 1:3b-7** “..charge some that they teach no other doctrine, nor give heed to fables and endless genealogies, which cause disputes rather than godly edification which is in faith. Now the purpose of the commandment is love from a pure heart, *from* a good conscience, and *from* sincere faith, from which some, having strayed, have turned aside to idle talk, desiring to be teachers of the law, understanding neither what they say nor the things which they affirm.”

**Ephesians 5:3-4** “But fornication and all uncleanness or covetousness, let it not even be named among you, as is fitting for saints; neither filthiness, nor foolish talking, nor coarse jesting, which are not fitting, but rather giving of thanks.”

**MY PERSONAL NOTES** *(Also use back of page if needed)*

*After prayer, what I hope to do by God's grace:*

***Here are ways I believe the Lord is leading me to  
STOP SPENDING TIME ON FOOLISH THINGS & UNFRUITFUL TALK,  
to USE MY TIME WISELY:***

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**Removing the Energy-Drainers:**

**2 Timothy 1:7** “For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

**Matthew 6:25** “Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?”

**Proverbs 23:9** “Do not speak in the hearing of a fool, For he will despise the wisdom of your words.”

**MY PERSONAL NOTES** *(Also use back of page if needed)*

*After prayer, what I hope to do by God's grace:*

***Here are ways I believe the Lord is leading me to  
REMOVE ENERGY-DRAINERS, to USE MY TIME WISELY:***

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**Spending More Time Encouraging Others, Reaching Out:**

**Colossians 3:12-17** “Therefore, as *the* elect of God, holy and beloved, put on tender mercies, kindness, humility, meekness, longsuffering; bearing with one another, and forgiving one another, if anyone has a complaint against another; even as Christ forgave you, so you also *must do*. But above all these things put on love, which is the bond of perfection. And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful. Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord. And whatever you do in word or deed, *do* all in the name of the Lord Jesus, giving thanks to God the Father through Him.”

**Galatians 5:22-23a** “But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control.”

**Colossians 3:18-25a** “Wives, submit to your own husbands, as is fitting in the Lord. Husbands, love your wives and do not be bitter toward them. Children, obey your parents in all things, for this is well pleasing to the Lord. Fathers, do not provoke your children, lest they become discouraged. Bondservants, obey in all things your masters according to the flesh, not with eyeservice, as men-pleasers, but in sincerity of heart, fearing God. And whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ..”

**MY PERSONAL NOTES** *(Also use back of page if needed)*

*After prayer, what I hope to do by God's grace:*

***Here are ways I believe the Lord is leading me to  
SPEND MORE TIME ENCOURAGING OTHERS, REACHING OUT,  
to USE MY TIME WISELY:***

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**Spending More Time Witnessing to Others, and Loving Others:**

**Colossians 4:5** “Walk in wisdom toward those *who are* outside, redeeming the time.”

**Mark 1:14-15** “Now after John was put in prison, Jesus came to Galilee, preaching the gospel of the kingdom of God, and saying, “The time is fulfilled, and the kingdom of God is at hand. Repent, and believe in the gospel.”

**Galatians 6:10** “Therefore, as we have opportunity, let us do good to all, especially to those who are of the household of faith.”

**MY PERSONAL NOTES** *(Also use back of page if needed)*

*After prayer, what I hope to do by God's grace:*

***Here are ways I believe the Lord is leading me to  
SPEND MORE TIME WITNESSING TO OTHERS, LOVING OTHERS,  
to USE MY TIME WISELY:***

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**Running the Race Strong:**

**Psalm 84:5-7** “Blessed is the man whose strength is in You,  
Whose heart is set on pilgrimage.  
As they pass through the Valley of Baca,  
They make it a spring;  
The rain also covers it with pools.  
They go from strength to strength;  
Each one appears before God in Zion.”

**Hebrews 10:23-25** “Let us hold fast the confession of our hope without wavering,  
for He who promised is faithful. And let us consider one another in order to stir up love  
and good works, not forsaking the assembling of ourselves together, as is the manner  
of some, but exhorting one another, and so much the more as you see the Day  
approaching.”

**Acts 1:8** “But you shall receive power when the Holy Spirit has come upon you;  
and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to  
the end of the earth.”

**MY PERSONAL NOTES** *(Also use back of page if needed)*

*After prayer, what I hope to do by God’s grace:*

***Here are ways I believe the Lord is leading me to  
RUNNING MY RACE STRONG,  
to USE MY TIME WISELY:***

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## **Devoting Your Time to What GOD Instructs You to Do:**

Devoting your time to what GOD instructs you to do can make all the difference in your Godly walk of life!

**Ephesians 5:15-17** “Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil. Therefore do not be foolish, but understand what the will of the Lord is.” (esv)

**Philippians 4:8** “Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy—meditate on these things.”

**2 Corinthians 6:2** “For He says: “In an acceptable time I have heard you, And in the day of salvation I have helped you.” Behold, now *is* the accepted time; behold, now *is* the day of salvation.”

**Romans 13:11** “And *do* this, knowing the time, that now *it is* high time to awake out of sleep; for now our salvation *is* nearer than when we *first* believed.”

**Psalms 96:2-3,13** “Proclaim the good news of His salvation from day to day.  
Declare His glory among the nations,  
His wonders among all peoples.  
...For He is coming, for He is coming to judge the earth.  
He shall judge the world with righteousness,  
And the peoples with His truth.”

**Matthew 28:18-20** “And Jesus came and spoke to them, saying, “All authority has been given to Me in heaven and on earth. Go therefore and make disciples of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all things that I have commanded you; and lo, I am with you always, *even* to the end of the age.” Amen.”

**1 Peter 4:10-11** “As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God. If anyone speaks, *let him speak* as the oracles of God. If anyone ministers, *let him do it* as with the ability which God supplies, that in all things God may be glorified through Jesus Christ, to whom belong the glory and the dominion forever and ever. Amen.”

